





Welcome to the **8th** edition of **3V1C**, the *Arrochar & Tarbet Community Development Trust* monthly newsletter.

The newsletter is intended as a platform to promote all local news and activities that will be of interest to both Trust members and the wider community alike. Please feel free to pass it along to anyone you think might be interested.

For information on the Trust, how to join, and how we use members' data, please see the articles at the end of this newsletter.

To contribute to the 3VIC newsletter, please contact Martin Semple: martinsemple@btinternet.com

WHAT'S ON AT THE 3V HALL



Sat Feb 15 2020
7:30 PM (Doors 7:00 PM)

Three Villages Hall
Shore Road
Arrochar G83 7AB

All Ages

Scottish Opera comes to Arrochar!

Each year, Opera Highlights takes four singers out and about around Scotland, travelling the highways and byways by land, air and sea, to bring a musical mix of operatic treasures to venues the length and breadth of the country.

This Spring, Opera Highlights is visiting 17 venues across Scotland following a successful tour in Autumn 2019. The show is packed with operatic classics and must-hear rarities, once again curated by Scottish Opera's Head of Music Derek Clark. Mozart, Rossini and Donizetti rub shoulders with Gilbert & Sullivan and a new piece by Scottish Opera Composer in Residence Samuel Bordoli.

Roxana Haines (Edgar 2018) directs a cast of fresh new talent, including baritone Arthur Bruce, a former member of Scottish Opera Young Company, who also recently graduated from the RCS Opera School.

Saturday Feb 15th 2020, 7:30PM (Doors 7PM)

Tickets:

E: admin@threevillages.org.uk

T: 01301 702 669

THREE VILLAGES CAFE AND POST OFFICE
WINTER OPENING HOURS

As from Monday 18th November

Monday : CLOSED all day

Tuesday : CLOSED all day

Wednesday : CLOSED all day

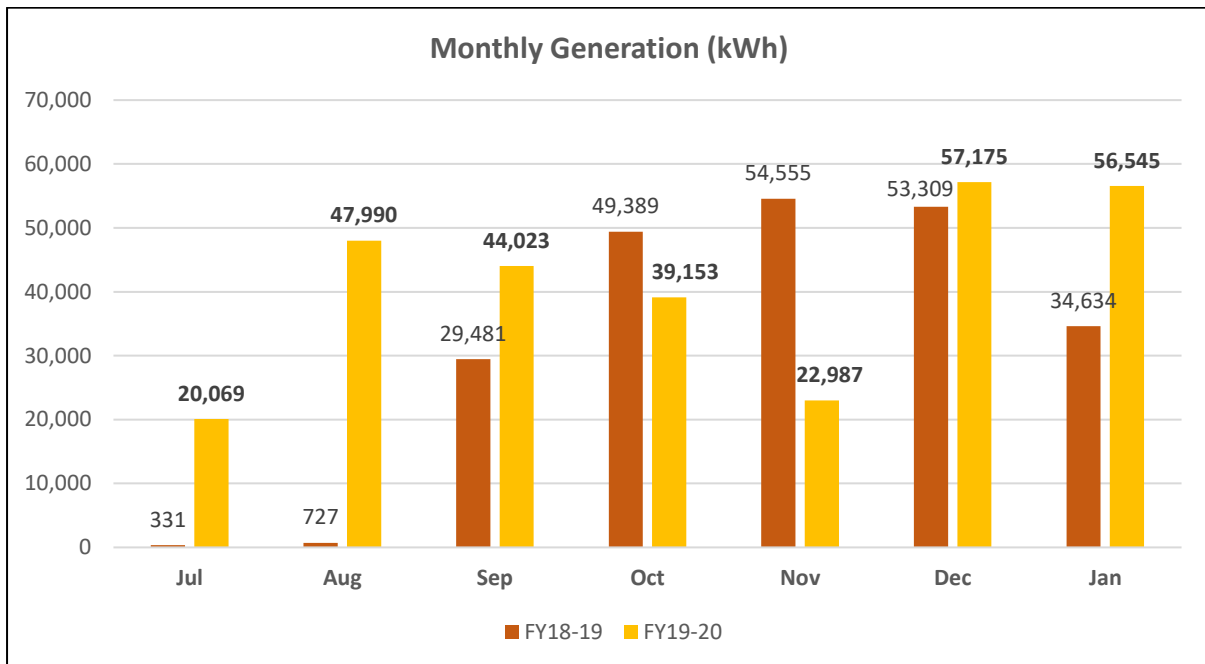
Thursday ; OPEN 10 am to 3 pm Post Office 10 am to 3 pm

Friday : OPEN 10 am to 3 pm Post Office 10 am to 3 pm

Saturday : OPEN 10 am to 3 pm Post Office 10 am to 12 pm

Sunday : OPEN 10 am to 3 pm

The Café and Post Office will open again with Summer opening hours
on the Monday 16th March 2020



Since initial switch-on in March 2018, the Arrochar Hydro Scheme has now surpassed a generation total of **700 MWh** as of 19th January 2020!

In fact, in January 2020 we produced 63% more electricity than we did in January 2019. And our cumulative generation at the end of January 2020 vs. our Year-End target is 16% higher than at the same time in the previous fiscal year.

As always, we are very mindful that we are weather-dependent, and much could change between now and the end of our fiscal year (June 2020), but on the numbers to date we are projected to meet, or slightly exceed, our target.

If you have any questions about the scheme, or would like to request a guided tour, please contact:
Duncan MacLachlan: macl55@aol.com and **Martin Semple:** martinsemple@btinternet.com

CHANGE WORKS IN ARGYLL – UPCOMING EVENTS

Change Works in Argyll's pilot project has supported 83 unique clients in the West Loch Lomond pilot region since starting last year.



**Change Works
in Argyll**

They have extended their drop-in hours at the 3V Hall into Thursday evening and Saturday morning to improve reach for commuters and businesses, and have an additional drop-in on Fridays at Luss Church Heritage Centre.

The following campaigns and events will be taking place in February:



“Love Your Older Home” - Tuesday 18th February, 5.30 until 7pm at the Three Villages Hall

Representatives from Historic Environment Scotland, Home Energy Scotland, and Argyll and Bute council will be on hand delivering short presentations and Q&A outlining ways in which older, traditionally-built properties can be enhanced to improve their energy efficiency.

Business Networking Lunch – Tuesday 25th February, 12 – 3pm, Three Villages Hall

An informal lunch, with representatives from Resource Efficient Scotland and Business Gateway Argyll and Bute attending, aimed at encouraging awareness of energy efficiency and business support available for SMEs (small and medium-sized enterprises) in the area.



Community Ebike Loan - throughout February

An exciting opportunity for clients to trial an electric bicycle at home over a weekend.

*Pop in to a drop-in session at Arrochar or Luss to register, or contact **Jamie Proudfoot, Senior Project Officer:***

T: 01301 707183

E: argyll@changeworks.org.uk

Scotland's Year of Coasts and Waters 2020 – the head of Loch Long.

February 4, 2020 · Nick Halls · 2 comments



Floating debris, that could be hauled in to dry ground. Photo Credit Nick Halls 14th January 2020

Nick Halls, blogger at parkswatchscotland.com, recently posted an extremely interesting article on Arrochar's marine litter problem, together with a potential solution which is well worth some serious consideration.

“Every year I check out the litter and marine debris washed up on the shore at the head of Loch Long at Arrochar, and occasionally the state of a similar beach at Lochgoilhead.

Debris accumulates in vast quantities during the southerly gales and high tides that annually occur between October and late Spring. Because of the geomorphology of the Clyde Estuary and the Irish Sea, and the manner in which the tides work

around the Mull of Kintyre and Mull of Galloway and into the Clyde Estuary, Loch Long seems to accumulate rubbish and debris from along the South West Coast of Scotland and England and the East Coast of Ireland – and probably gains some that is washed into the Irish Sea from the Atlantic (see: Talking Rubbish: Citizen Science and The Arrochar Litter Sink).

Predominantly south westerly winds combined with the North Atlantic drift/Gulf stream cause huge amounts of marine litter to be deposited all along the western coast of Scotland, which seems to accumulate in the greatest quantities at the head of enclosed lochs, where the sea water tends to rise and fall without much tidal scour. Many of these are difficult to access by land, and unpleasant to approach in small boats.

The accumulation at Arrochar is exceptional, and although efforts are made to regularly remove the debris from accessible areas close to the village, much cannot be easily removed and has accumulated to build-up the salt marsh shoreline around the Loch to the Western shore.”

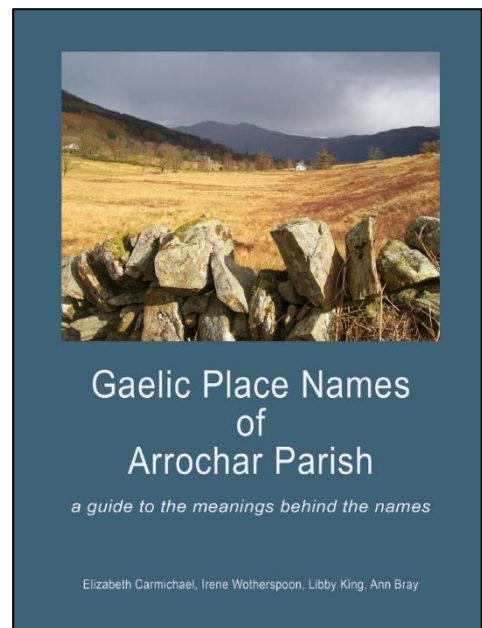
Read the rest of Nick's article here:

<http://parkswatchscotland.co.uk/2020/02/04/scotlands-year-of-coasts-and-waters-2020-the-head-of-loch-long/>

The Place Behind the Names

The **Hidden Heritage Project** was a 2-year project devised and managed by members of the local community and hosted by **Arrochar and Tarbet Community Development Trust**, with the aim of getting local people involved in investigating the heritage of the important landscape joining the two villages. An investigation of local place names was integral to the project, and members of the project team were delighted to be invited to give a presentation at the Scottish Place-name Society's conference held at the 3 Villages Hall last November.

The project leaders, **Sue Furness** and **Fiona Jackson**, alongside **Biff Carmichael**, a passionate volunteer interested in documentary research, provided the conference with an enthusiastic and informative presentation on how an interest in place names had stimulated a spin-off research project culminating in the publication of the booklet: **Gaelic Place Names of Arrochar Parish**.



Sue and Fiona started by describing some of the activities involved in the Hidden Heritage Project as a whole. As amateur archaeologists, they wanted to engage the local community by focussing on the archaeology and older history of the corridor of land, or 'isthmus', joining the sea in Arrochar to Loch Lomond, thus providing access to the rest of central Scotland. They also wanted to get more people of all ages interested in the local heritage, and in

heritage in general, and specific programs of activities were arranged for both primary and secondary school children. The project used activities that were informative, varied, professional and importantly fun, so enabling a wide range of people to become involved.

The project succeeded in finding out more about the history of the landscape, and developed ways of interpreting and promoting this to both locals and visitors alike. People of all ages from the local and wider community had the opportunity to participate actively and learn through archaeological excavation, documentary research, walkover survey, art, music, food and other activities – even re-enactment of a 13th century Viking saga – leading to a better understanding and appreciation of archaeological processes, the local heritage and landscape in general, and the potential for heritage to attract people to an area to support the local economy.

Place names were integral to the project, and a one-day interactive workshop was organised to teach participants about place names and how to research and record them.

*The workshop, led by Dr Simon Taylor from Glasgow University, stimulated so much interest in the subject that four volunteers – **Biff Carmichael, Irene Wotherspoon, Libby King and Ann Bray** - decided to pursue further investigations, with*



the aim of recording the place names of Arrochar Parish. Biff went on to explain to the conference how, supported by Dr Taylor, the team managed to forge a workable methodology that enabled them to record the place names and their derivations, produce a Gaelic pronunciation guide and interpret their meanings.

Crucially, they were determined to ensure that the publication was not only informative, but also easy to read and accessible to the ‘wo-man on the street’.

***Gaelic Place Names of Arrochar Parish** can be downloaded from the Hidden Heritage website to dip into and enjoy:*

https://hiddenheritage.org.uk/docs/060_308__gaelicplacenamesofarrocharparish_1401205272.pdf

The Hidden Heritage Project was funded by the Heritage Lottery Fund and Argyll and the Islands LEADER.

P LUNGE IN! THE COASTS AND WATERS COMMUNITY FUND

Scottish Natural Heritage has launched a new fund for #YCW2020 – Plunge In! The Coasts and Waters Community Fund – which creates new opportunities for communities to connect with their coasts, seas and freshwaters. The fund offers grants (£2,000 – £10,000) to help community groups participate in and celebrate #YCW2020 in their own way



“We invite applications for a wide range of imaginative projects relating to our coasts and waters – projects might include, for example, plans for restoring habitats, carrying out local surveys or promoting and celebrating your local environment or wildlife. But we welcome your own ideas on how best to celebrate our coasts and waters. We want these projects to make a lasting difference to Scotland, so they should leave a legacy from the year – for example through improved skills and knowledge, or the creation of a resource for the local community.”

Nature Reserve Travel Grants of up to £500 are also available to allow groups of young people to connect with our coasts and waters by visiting one of Scotland’s many stunning national or local nature reserves.

The fund will open for applications between 7 January and 28 February 2020. All projects must take place between April and December 2020.”

For more information, please visit:

<https://www.nature.scot/professional-advice/land-and-sea-management/managing-access-and-recreation/increasing-participation/snh-and-year-coasts-and-waters-2020-ycw2020-0>

***T* HREE VILLAGES HALL – VOLUNTEERS WANTED!**



Can you spare some time to help out with the running of the Three Villages Hall?

*The Hall is looking for volunteers to assist with **Coffee Mornings**, and would also very much welcome new members to the **Hall Management Group**.*

*For more information, please contact **Retta Deerin**: rdee@care4free.net, or **Stephen Mackenzie**: admin@threevillages.org.uk*

***T* HREE VILLAGES, ONE COMMUNITY... *J* OIN US!**

Arrochar and Tarbet Community Development Trust (A&T CDT) was formed in June 2003. It is a community charitable organisation intending to promote & respond to the needs and interests of our community, for the benefit of all residents. Its potential role is wide and includes provision of social and community facilities, environmental improvements, youth development, preservation of local heritage, and support to local people and businesses.

Joining as a member of the Trust is a way of supporting its aims and work: to make Arrochar, Tarbet and our whole loch-side area a better place to live and work for everyone.

Full members will have:

- *Information about Trust activities*
- *An opportunity to contribute to events and longer-term plans*
- *An opportunity to influence what is being planned*
- *A vote at Trust general meetings*
- *The opportunity to be elected as a Director of the Trust*

All types of members are welcome to attend General Meetings but only full members are eligible to stand for election as Directors. Associate and Junior members are non-voting.

Your membership is very important and valuable to the Trust. More members mean more influence with outside agencies and a better chance to receive external funding for our plans and objectives.

If you would like more information, or if you know anyone who might be interested in becoming a Trust member, please contact Jen Little: jen.little33@btinternet.com



Arrochar and Tarbet Community Development Trust, like most organisations, keeps a certain amount of data about its members. Thus, we're affected by the new EU General Data Protection Rules (GDPR) which recently came into force.

<https://eugdpr.org/>

Our approach to data protection has 3 main strands:

- *We'll only hold personal data that's directly necessary for the effective running of the Trust. So, we will hold only a member's name and one method of contact. Ideally this will be an email address – that's more cost-effective for the Trust. But we will hold and use a postal address for any member who prefers that*
- *We'll keep the personal data that we do hold safely and securely. It will be accessible only for Trust purposes and with the agreement of a Trust management meeting*
- *We will actively look to ensure that the personal data we hold is up to date and accurate – including periodic exercises to update and 'cleanse' the data we hold*

To help us meet these objectives, we're looking to update our records. That's 'good housekeeping', as well as ensuring we meet data protection standards.

Over the coming weeks we will be contacting each member, asking that you look at the data which we currently hold about you – and update it where necessary. Your help with this exercise will be much appreciated.

CONTRIBUTORS:

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Jen Little
Duncan MacLachlan
Nick Halls
Jamie Proudfoot
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